



May 13, 2002
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MEN'S AND WOMEN'S TRACK AND FIELD

Cal Travels to Pac-10 Championships

THIS WEEK: Sat.-Sun. May 18-19 at Pac-10 Championships Mooberry Track & Field Complex, Pullman, WA noon/11:30 a.m.

2002 Cal Track & Field Schedule

Date	Competition	Time/Result
Mar. 2	at Trojan Invite	NTS
Mar. 8-9	at NCAA Indoors	DNC
Mar. 16	at UCLA, WSU M: 3rd; W: 3rd	
Mar. 22-23	Cal Invitational M: 4th; W: 1st	
Mar. 27-28	Cal Dec. and Hept.	NTS
Mar. 29-30	at Stanford Invite	NTS
Apr. 6	at UC Davis Invite M: 2nd; W: 1st	
Apr. 12-13	Brutus Hamilton	NTS
Apr. 19-21	at Mount SAC Relays	NTS
Apr. 20	at Woody Wilson Invite	NTS
Apr. 26-27	Cal Open	NTS
May 4	Big Meet M: 2nd; W: 2nd	
May 10	at Stanford Qualifier	NTS
May 11	at Modesto Relays	NTS
May 11-12	at Pac-10 Multis + 11:00 a.m.	
May 18-19	at Pac-10 Meet + noon/11:30	
M. 29-J. 1	at NCAA Champ.	TBA
June 18-20	USATF Multis Champ.	TBA
June 21-23	at USATF Champ.	TBA

All home meets in **bold** are at Edwards Stadium/Goldman Field (22,000).
* taped delayed FOX Sports Net broadcast

HEAD COACH ERV HUNT

Erv Hunt begins his 31st season at California and 30th as head coach. Since 1992, Hunt has overseen Cal's men's and women's track & field programs as director of track & field. In addition to building Cal's men's program into national prominence with three Top 10 finishes at the NCAA Championship, Hunt served as the U.S. men's head track & field coach at the 1996 Olympics. Hunt is Cal's third Olympic track coach, the most ever for one university.

CAL'S 2002 NCAA AUTOMATIC/ PROVISIONAL QUALIFIERS

Automatic		
Erin Belger	800m	2:04.39
Jennifer Joyce	Hammer	214-0
Provisional		
Shawna Adkins	Heptathlon	5259 pts
Joe Berro	Javelin	220-2
Jenna Johnson	Shot Put	49-10
Jennifer Joyce	Discus	178-3
Bubba McLean	Pole Vault	18-0.5
Sheni Russell	Discus	174-7
Marielle Schlueter	3000mSC	10:22.38
Missy Vanek	Heptathlon	5498 pts
Leora Ward	Pole Vault	13-0.25

CAL COMPETES AT PAC-10 CHAMPIONSHIPS: After posting one of their highest finishes in several years at last year's Pac-10 Championships in Berkeley, the California men's and women's track and field teams look to build on that at this year's conference meet, Sat.-Sun., May 18-19, in Pullman, Wash. Competition begins Saturday at noon with the hammer and the women's 4x100m relay trials from Washington State's Mooberry Track and Field Complex. Sunday is devoted exclusively to finals, beginning at 11:30 a.m. with the women's hammer.

2001 PAC-10 CHAMPIONSHIPS IN REVIEW: At home at Edwards Stadium, the Cal men placed sixth with 85 points and were only 1.5 points behind fifth-place Oregon. The Bears' finish was their highest since tying for sixth in 1996. On the women's side, Cal placed seventh with 54 points, which was its highest since also placing seventh in 1997. The top individual performance by the Bears came from now-graduated Bolota Asmerom, who won the 5000m (14:07.23). Cal also had several second-place finishes – **Robert Kennedy** (long jump), **Vincent Ibia** (triple jump), **Shawna Adkins** (triple jump) and Dana Lawson (discus). Unfortunately, Kennedy is out for the year with a hamstring injury and Ibia hasn't been competing at full strength.

TOP BEARS HEADING INTO PAC-10S: Based on the Pac-10 top marks/times list from May 6, following are Cal's top competitors and where they rank heading into this year's Pac-10 meet – **Martin Conrad** (3000mSC, 4th), **Ahmad Wright** (400mH, 5th), **Bubba McLean** (pole vault, T2nd), **Vincent Ibia** (long jump, 5th), **Jerriod Mack** (triple jump, 5th), **Joe Berro** (javelin, 3rd), **Erin Belger** (800m, 3rd), **Marielle Schlueter** (3000mSC, 3rd), **Lauren Dudugjian** and **Cynthia Mallory** (high jump, T4th), **Jennifer Joyce** (hammer-1st, discus-3rd) and **Sheni Russell** (discus, 5th).

BEARS EXCEL AT PAC-10 MULTIS: Seniors **Missy Vanek** and **Shawna Adkins** took second and fourth, respectively, in the heptathlon at the Pac-10 Multi-Event Championships. Vanek posted a season-best 5498 points, while Adkins tallied an NCAA provisional and all-time best 5259 points. They combined for 13 points towards the Pac-10 team competition. Cal junior **Jason Gatewood** finished sixth in the Pac-10 decathlon with 6809 points, good for three points in his first conference decathlon.

CARDINAL QUALIFIER IN REVIEW: The No. 22 Cal women won three events to highlight the Golden Bears participation at the Cardinal Qualifier. Cal junior **Leora Ward** won the pole vault with a personal best and NCAA provisional clearance of 13-0.25. She joins Maria Lopez as the only two Cal women's pole vaulters to clear at least 13 feet. The Bears posted a one-two finish in the 100m with junior **DeCola Groce** winning in 12.37 and freshman **Shannan Hawes** taking second in 12.38. Sophomore **Jenna Johnson** claimed top honors in the shot put with a mark of 45-7.25. The throws were the Cal men's strongest suit Friday. Junior **Zech Whittington** finished second in the hammer, bettering his previous PR by about eight feet with a heave of 183-10 (No. 10 all-time at Cal). Sophomore **Tony Miranda** placed second in the discus with a season-best mark of 166-2. Sophomore **Amin Nikfar** also was second in the shot (52-6.75).

MODESTO RELAYS IN REVIEW: The top performance from the Cal women came from sophomore **Deanna Slaton**, who finished third in the invitational 400mH with a PR of 59.80. Junior **Sheni Russell** had a strong showing in the invitational discus. She placed fourth with an NCAA provisional mark of 173-0. Junior **Ahmad Wright** recorded the Cal men's highest finish – taking third in the invitational 400mH (52.28). Junior **Brian White** posted a season best in the 100m (10.92w).

DID YOU KNOW: Junior thrower **Zech Whittington** is one of the leaders of the Stiles Hall mentorship program for inner city and disadvantaged youth.

2002 California Women's Track & Field Best Performances - as of May 13

Event (NCAA Auto/NCAA Prov/Pac-10 Auto/School Record)

<i>Athlete (Cal PR)</i>	<i>Season Best</i>	<i>Date</i>	<i>Meet</i>
100m (11.30/11.55/12.04/11.64)			
DeCola Groce	12.12	3/16	UCLA Triangular
Shannon Hawes	12.27	5/4-5-11	Big Meet/Modesto Relays
Kenya Corley	12.92w	3/29	Stanford Invite
Shanti Oyenuga	13.03	4/6	UC Davis Quad.

200m (23.10/23.60/24.64/23.50)

Shannan Hawes	25.19	5/4	Big Meet
Missy Vanek (24.72)	25.56	5/11	Pac-10 Multis
DeCola Groce (25.57)	25.59	3/16	UCLA Triangular
Shawna Adkins (25.87)	26.02	4/17	Cal/Nevada Hept.
Chloe Jarvis	26.26	4/6	UC Davis Quad.
Shanti Oyenuga	27.40	4/6	UC Davis Quad.

400m (52.40/53.70/55.44/52.53)

Chloe Jarvis	56.33	4/20	Mt. SAC Relays
Erin Belger	57.39	4/6	UC Davis Quad.

800m (2:05.00/2:07.50/2:11.14/2:01.59)

#&Erin Belger	2:04.39	5/4	Big Meet
Lindsey Maclise	2:12.29	4/6	UC Davis Quad.
Lache Bailey	2:12.41	3/16	UCLA Triangular
Missy Vanek	2:15.49	5/12	Pac-10 Multis
Lina Biber-Ferro	2:16.27	4/20	Mt. SAC Relays
Chloe Jarvis	2:18.87	3/9	Bruce Drummond
Shawna Adkins (2:19.68)	2:20.01	5/12	Pac-10 Multis
Marielle Schlueter	2:21.55	3/2	USC Invite
Abby Parker	2:25.53	4/13	Hamilton Invite

1500m (4:19.00/4:24.00/4:40.14/4:09.23)

&Erin Belger (4:29.02)	4:30.22	4/13	Hamilton Invite
&Lindsey Maclise	4:32.14	5/4	Big Meet
&Marielle Schlueter	4:34.26	4/6	UC Davis Quad.
Lina Biber-Ferro	4:43.49	4/27	Cal Open
Abby Parker	4:48.28	4/27	Cal Open

3000m (NA/NA/NA/9:21.43)

Marielle Schlueter	10:02.06	3/2	USC Invite
Abby Parker	10:17.01	4/6	UC Davis Quad.

3000mSC (10:00.00/10:40.00/11:10.14/10:22.38)

!&Marielle Schlueter	10:22.38	5/4	Big Meet
&Abby Parker	10:59.31	4/13	Hamilton Invite

5000m (16:08.00/16:48.00/17:30.14/15:46.8)

Marielle Schlueter (17:48.84)	18:08.45	5/4	Big Meet
Abby Parker	18:23.96	5/4	Big Meet

10,000m (34:10.00/35:15.00/NS/32:40.76)

No times

100m Hurdles (13.10/13.60/14.34/13.73)

&April Holliverse (13.82)	13.99w	3/30	Stanford Invite
&Stephanie Cowling	14.28	4/6	UC Davis Quad.
Missy Vanek (14.15)	14.56	5/11	Pac-10 Multis
Shawna Adkins (14.6ht)	14.93	5/11	Pac-10 Multis

400m Hurdles (57.50/59.20/62.04/57.61)

&Deanna Slaton	59.80	5/11	Modesto Relays
&Stephanie Cowling	61.23	4/6	UC Davis Quad.
&April Holliverse (59.22)	61.86	3/23	Cal Invite
Shalonda Reynolds	63.44	5/4	Big Meet
Brooke Baires-Irvin	63.81	4/20	Woody Wilson Invite
Janeisha Adams-Ginyard	67.84	4/27	Cal Open

4x100m Relay (44.00/45.10/NS/45.61)

Groce, Vanek	46.60	5/4	Big Meet
Hawes, Cowling			

4x400m Relay (3:33.00/3:39.00/NS/3:35.56)

Cowling, Slaton	3:43.16	5/4	Big Meet
Jarvis, Belger			

High Jump (6-0/5-10.5/5-7/6-0.75)

&Lauren Dudugjian (5-9.25)	5-8.75 (1.75)	3/23	Cal Invite
&Cynthia Mallory	5-8.75 (1.75)	4/13	Hamilton Invite
&Missy Vanek (5-8.75)	5-7.25 (1.71)	5/11	Pac-10 Multis
Shawna Adkins	5-4.25 (1.63)	3/27	Cal Multis
Stephanie Hass	5-3 (1.60)	4/13	Hamilton Invite

Pole Vault (13-7.25/12-5.5/12-5.5/13-2.5)

&Leora Ward	13-0.25 (3.97)	5/10	Cardinal Qualifier
Danielle Navarre	11-11.75 (3.65)	5/4	Big Meet

Long Jump (21-4/20-4.50/19-0.5/22-1)

&Trinety White	19-0.75 (5.81)	5/4	Big Meet
Missy Vanek	18-10.75 (5.76)	4/18	Cal/Nevada Hept.
Kenya Corley (20-1.75)	18-4.5 (5.60)	3/16	UCLA Triangular
Shawna Adkins (18-10w)	18-4.5 (5.60)	5/12	Pac-10 Multis

Triple Jump (43-7.75/42-0/39-2.25/46-0.75)

&Trinety White	40-11 (12.47)	3/2	USC Invite
&Shawna Adkins (41-1.75)	39-6.75 (12.06)	4/13	Hamilton Invite

Shot Put (52-10/48-10.75/43-5.75/54-4.75)

+&Jenna Johnson	49-10 (15.19)	3/9	Bruce Drummond
&Sheni Russell	47-5 (14.45)	4/6	UC Davis Quad.
&Tamrya d'Artenay	44-7.5 (13.60)	3/16	UCLA Triangular
Jennifer Joyce	42-7 (12.98)	5/4	Big Meet
Shawna Adkins	42-3.5 (12.89)	5/11	Pac-10 Multis
Jennifer Ladouceur	39-5 (12.01)	5/4	Big Meet

Discus (178-10/164-0/150-11/178-10)

+&Jennifer Joyce	178-3 (54.33)	4/27	UC San Diego Open
+&Sheni Russell	174-7 (53.22)	4/27	UC San Diego Open
&Jennifer Ladouceur	158-9 (48.40)	4/27	Cal Open
Tamrya d'Artenay	145-8 (44.40)	4/20	Woody Wilson Invite
Jenna Johnson	137-9 (41.98)	3/30	Stanford Invite

Hammer (200-1/183-9/170-7/214-0)

!&Jennifer Joyce	214-0 (65.23)	5/4	Big Meet
&Sheni Russell	176-3 (53.72)	4/6	UC Davis Quad.
Tamrya d'Artenay	165-6 (50.44)	5/4	Big Meet
Jennifer Ladouceur	149-10 (45.68)	4/26	Cal Open

Javelin (168-11/150-11/142-8/170-7)

Missy Vanek	142-5 (43.41)	5/4	Big Meet
Trinety White	125-2 (38.16)	5/4	Big Meet
Jennifer Ramos	124-6 (37.96)	3/23	Cal Invite
Shawna Adkins (131-11)	123-2 (37.54)	3/28	Cal Multis
Aliah Abdo	115-8 (35.27)	5/4	Big Meet
Janeisha Adams-Ginyard	95-1 (28.99)	4/27	Cal Open

Heptathlon (5500/5175/4125/5624)

+&Missy Vanek	5498	5-11-12	Pac-10 Multis
+&Shawna Adkins	5259	5-11-12	Pac-10 Multis

**# NCAA automatic qualifier
& Pac-10 qualifier**

**+ NCAA provisional qualifier
! School record**

2002 California Men's Track & Field Best Performances - as of May 13

Event (NCAA Auto/NCAA Prov./Pac-10 Auto/School Record)

Athlete (Cal PR)

Season Best

Date

Meet

100m (10.16/10.34/10.74/10.18)

&Nick Mazur	10.68	3/16	UCLA Triangular
Brian White (10.85)	10.92w	5/11	Modesto Relays
Ricci Dula	10.93	5/4	Big Meet
Jason Manly (10.47)	11.01	3/16	UCLA Triangular
LaShaun Ward (10.64)	11.01	5/4	Big Meet
Robert Kennedy (10.61)	11.03	3/2	USC Invite

200m (20.50/20.85/21.54/20.20)

Nick Mazur	21.71	5/4	Big Meet
Brian White	21.7 ht	3/2	USC Invite
Mark Blanco	22.11	4/13	Hamilton Invite
Ahmad Wright	22.16	4/27	Cal Open
Jason Manly (21.27)	22.30	3/16	UCLA Triangular
Desmond McGill	22.36	4/27	Cal Open
Jeremiah Tolbert	24.03	4/13	Brutus Invite

400m (45.40/46.30/47.84/45.46)

&Desmond McGill	47.37	5/4	Big Meet
Mark Blanco	48.07	4/20	Mt. SAC Relays
Randy Fair	48.29	4/20	Mt. SAC Relays
Ahmad Wright	48.42	3/30	Stanford Invite
Jelani Hogg (48.16)	48.51	3/2	USC Invite

800m (1:47.50/1:49.00/1:51.72/1:45.54)

&Mike Pectorich	1:51.24	5/4	Big Meet
Jeff Squires	1:54.05	3/23	Cal Invite
Jarrell Meier (1:53.17)	1:54.82	4/6	UC Davis Quad.
Tom Allen	1:55.37	5/4	Big Meet
Zack McGahey (1:52.88)	1:56.04	3/9	Bruce Drummond
Desmond McGill	1:56.52	3/2	USC Invite
Craig Lee	1:58.17	4/6	Johnny Mathis
Tyler Noesen	1:58.45	4/19	Pomona Pitzer
Martin Conrad	2:00.19	4/6	UC Davis Quad.
Jonathan Balzer	2:01.11	4/6	UC Davis Quad.

1500m (3:41.50/3:45.00/3:50.14/3:40.04)

Jarrell Meier (3:50.91)	3:54.51	5/4	Big Meet
Mike Pectorich	3:55.13	3/29	Stanford Invite
Jeff Squires	3:55.73	5/4	Big Meet
Tyler Noesen	3:57.77	4/19	Pomona Pitzer
Carlos Carballo	3:57.91	4/27	Cal Open
Jonathan Balzer	3:59.21	4/13	Hamilton Invite
Martin Conrad	4:00.15	4/6	UC Davis Quad.
Zack McGahey (3:54.78)	4:00.19	3/9	Bruce Drummond
Craig Lee	4:02.03	4/13	Hamilton Invite

3000m (NA/NA/NA/8:17.4)

Girmay Guangul	8:25.30	3/2	USC Invite
Martin Conrad	8:29.91	3/2	USC Invite
Corey Creasey	8:30.05	4/6	UC Davis Quad.
Carlos Carballo	8:30.33	4/6	UC Davis Quad.
Tyler Noesen	8:48.08	4/6	UC Davis Quad.

3000m Steeplechase (8:43.00/8:54.00/9:09.14/8:36.84)

&Martin Conrad	8:56.65	5/4	Big Meet
Tyler Noesen	9:28.60	3/9	Bruce Drummond

5000m (13:46.00/14:07.00/14:35.14/13:31.88)

&Corey Creasey	14:24.72	3/29	Stanford Invite
Martin Conrad (14:33.31)	14:36.38	3/29	Stanford Invite
Carlos Carballo	14:42.22	3/16	UCLA Triangular
Tyler Noesen	15:21.63	3/29	Stanford Invite

10,000m (29:00.00/29:45.00/NS/29:24.44)

Corey Creasey	29:49.60	4/19	Mt. SAC Relays
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110m Hurdles (13.72/13.90/14.74/13.39)

Ahmad Wright (15.08)	15.20	5/4	Big Meet
Jason Gatewood	15.26	5/12	Pac-10 Multis
Matt Blair (14.93w)	15.30	3/9	Bruce Drummond

400m Hurdles (50.10/51.20/53.64/48.46)

&Ahmad Wright	51.48	4/20	Mt. SAC Relays
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4x100m Relay (39.20/40.10/NS/39.14)

California	40.93	3/2	USC Invite
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4x400m Relay (3:04.00/3:07.50/NS/3:03.91)

Blanco, McGill	3:12.04	4/20	Mt. SAC Relays
Fair, Hogg			

High Jump (7-4.50/7-1.75/6-8.75/7-5.75)

&David Glasgow	6-10.75 (2.10)	4/13-5/4	Hamilton/Big Meet
&Jason Gatewood	6-9.75 (2.08)	3/2	USC Invite
Herman Gill	6-6.75 (2.00)	4/27-5/4	Cal Open/Big Meet
Kris Cuaresma-Primm (6-6.75)	6-4.75 (1.95)	3/23	Cal Invite

Pole Vault (18-2.50/17-2.75/16-4.75/18-8.25)

+&Bubba McLean	18-0.5 (5.50)	5/4	Big Meet
Matt Blair (15-5)	14-6 (4.42)	3/9	Bruce Drummond
Jason Gatewood	14-1.25 (4.30)	5/4	Big Meet

Long Jump (26-1/25-1.25/23-11.5/26-6.25)

&Robert Kennedy (25-9.25w)	24-2.25 (7.37)	3/2	USC Invite
&Vincent Ibia (24-9.75)	24-2.25 (7.37)	3/2	USC Invite
&Jerriod Mack (24-9)	24-1 (7.34)	3/16	UCLA Triangular
Jeremiah Tolbert	23-9.5 (7.25)	3/16	UCLA Triangular
Bruce Giron	21-11.75w (6.70)	5/4	Big Meet

Triple Jump (53-5.75/51-6.25/47-7/55-0)

&Jerriod Mack (51-5.5)	50-2.5 (15.30)	4/13	Hamilton Invite
&Bruce Giron	49-5.75 (15.08)	5/4	Big Meet
Vincent Ibia (51-3)	46-11.50 (14.31)	5/4	Big Meet

Shot Put (63-0/58-4.75/55-2/66-3)

Amin Nikfar (54-11.5)	54-7.5 (16.65)	3/23	Cal Invite
Tony Miranda	50-11 (16.13)	5/4	Big Meet
Zech Whittington	47-11.25 (14.61)	4/27	Cal Open

Discus (196-10/180-5/166-6/210-11)

Tony Miranda (170-10)	166-2 (50.66)	5/10	Cardinal Qualifier
Joe Berro (159-5)	158-2 (48.22)	4/27	Cal Open
Zech Whittington	157-7 (48.05)	4/13	Hamilton Invite
Amin Nikfar	142-8 (43.48)	4/27	Cal Open

Hammer (223-1/200-1/179-10/229-0)

&Zech Whittington	183-10 (56.04)	5/10	Cardinal Qualifier
Rhuben Williams (184-1)	181-2 (55.22)	3/2	USC Invite
Tony Miranda	153-1 (46.66)	4/26	Cal Open
Joe Berro	136-6 (41.61)	5/4	Big Meet

Javelin (236-3/219-10/196-10/222-0)

+&Joe Berro	220-2 (67.11)	5/4	Big Meet
Jason Gatewood	178-5 (54.39)	4/13	Hamilton Invite
Matt Blair (175-5)	165-8 (50.50)	5/4	Big Meet

Decathlon (7500/7150/5865/8007)

Jason Gatewood	6809	5/11-12	Pac-10 Multis
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**# NCAA automatic qualifier
& Pac-10 automatic qualifier**

**+ NCAA provisional qualifier
! School record**